



How to Make a **GRATITUDE** Box

1. Use a cardboard box you don't need for anything else.

2. Decorate with stickers, drawings, biodegradable glitter - whatever you want!

Dexter D's box has 'Gratitude Box' written on it.

3. Write or draw something you are grateful for on a piece of paper and put it in the box. Repeat!

Alan's box is filled with pictures of sausages!

CHALLENGE

Follow these instructions to make a gratitude box!
You can come back and put gratitudes in your box
whenever you want!