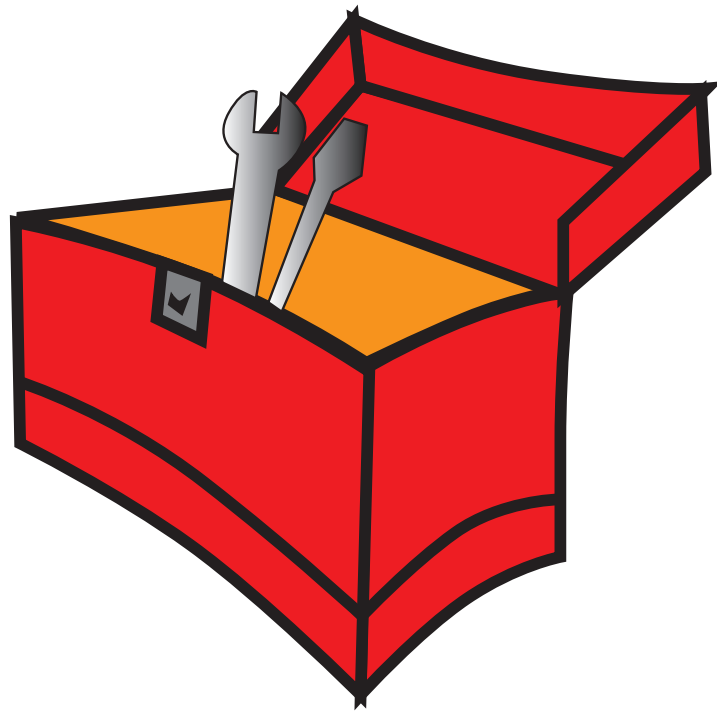


Activity Sheet

Photocopy one for each child



Fill your coping toolbox with things which remind you of good times or will help you feel better.