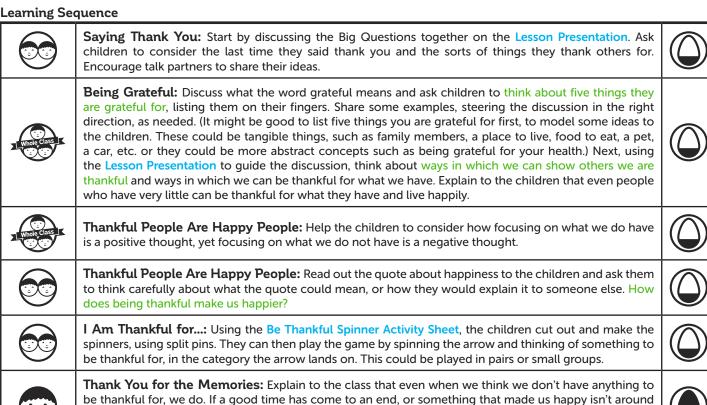
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BBC Children in Need: Gratitude

Aim: I can discuss things I am thankful for and I can focus on the things I do have, rather than the things I do not have.	The Big Questions: How can we be thankful for the things that we have? How can being thankful help to make us happy?	Resources: Lesson Pack Split pins – one per pair Pencils – one per child Modelling clay – one piece per child
Success Criteria: I can name things I am thankful for. I can show my gratitude in different ways. I understand that being thankful makes me and others happy.	Key/New Words: Gratitude, thankful, thanks, grateful, gracious, appreciation, positive, happy, valued, fortunate.	Preparation: Be Thankful Spinner Activity Sheet – one per child (you may want to copy this onto thin card).





Supporting: It would be helpful to pair children up in mixed ability pairs, so that ideas and language might be shared or modelled between pupils.

anymore, we still have the memories – and we can be thankful for that. Ask children to sit quietly, relax and

close their eyes and think of a special memory that makes them feel happy.



Extending: Children could be encouraged to draw or write some of the ideas they have talked about during the spinner game.



Developing: Teach children the song Autumn Days, which mentions many things for which to be thankful. They could perhaps, as a class, create a new verse for the song.

As a class, you could also learn about the American festival of Thanksgiving, looking at the things people give thanks for and how they celebrate with family and friends.





