

NSPCC

Transition to secondary school

Talk Relationships

EVERY CHILDHOOD IS WORTH FIGHTING FOR

PSHE Association
Quality Assured
Resource

PSHE
Association

Baseline assessment

.....
Think about the different aspects of starting secondary school.
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Now, working on your own, complete the grid:
Starting secondary school.

Transition to secondary school

Learning objective:

To learn about the opportunities of starting secondary school and how to manage feelings about it.

Learning outcomes:

- Explain some of the opportunities and challenges that secondary school can offer.
- Identify some feelings people might have about starting secondary school.
- Describe or demonstrate some positive ways to manage feelings people might have about starting secondary school.
- Identify where and how to get reliable information about starting secondary school.

Finding information and help

Which sources of help are likely to be most reliable and helpful?

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Older siblings/cousins

Neighbours and friends who go to secondary school

Teachers

School website

School open evenings and transition days

Parents

Websites for children such as Childline

Are there any sources missing from this list?

Finding information and help

Where, or from whom, could these people find information and help?

“How do I know what uniform to wear?”

“How do I know what transport I can use to get to my new school?”

“How do I know what clubs or activities are at my new school?”

“The building will be different, how will I find my way around?”

Match the facts - answers

Completing homework on time is an expectation at secondary school. Teachers will talk to someone who hasn't completed it and follow the school's policy if it is happening regularly.

Hassan

Secondary school websites have lots of information on them such as a calendar, uniform details, and information about subjects.

Finn

Everyone starting secondary school will be in the same position and won't know everyone else yet. There will be opportunities to meet others in different lessons or during break times or clubs, and many people will want to make new friends.

Ella

Most secondary schools hold open days so new starters can have a chance to explore the building and get a feel for what it will be like in the first year.

Asha

If a young person has any special requirements or needs, their primary school and parents will inform the secondary school they will be joining.

Ryan

There are lots of new clubs at secondary schools, for example there is more sports equipment for sports clubs and special clubs for art and science too.

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Good for everyone to know!

Match the facts – answers continued...

Uniform rules at secondary school are different for each school. Everyone is expected to follow the uniform policy and wear or use the correct items.

Jasmine

When starting the first year of secondary school, pupils are given a timetable and sometimes a map, showing which classrooms they will need to go to.

Asha

The school day at secondary school usually starts earlier than primary school as registration takes place before the first lesson. Exact timings can be found on a school's website.

Hassan

If a new person gets lost and can't find their way, school staff and young people who are more familiar with the site will direct them.

Asha

Some secondary schools use detentions when young people don't follow the rules. However, teachers also know that anyone starting secondary school is new to learning all the rules and most will give warnings before giving a detention.

Hassan

There are lots of new subjects to learn at secondary school and as young people go through school, they get to choose which to study more/less of.

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Dear Sam

Think of everything you learnt in this lesson so far.

Work with your partner to choose one character and offer advice and reassurance to them.

Consider:

What information will be helpful to include?

How can you reassure the writer?



Reflection and endpoint assessment

Think about what you have learnt this lesson.

Using a different coloured pen or pencil, revisit the '*Starting secondary school*' grid and add to, or amend each box.

For example, you might want to amend some of the 'feelings' or you might be able to answer some of your questions now.

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Class discussion

What is one thing you are excited about or looking forward to about starting secondary school?

Signposting support

If you need support or advice, or have concerns, seek help:



In school

- Class Teacher
- Support Assistants
- Playtime Midday supervisors



At home

- Parents or carers
- Grandparents



Childline

If you need support or advice, or have concerns, seek help:

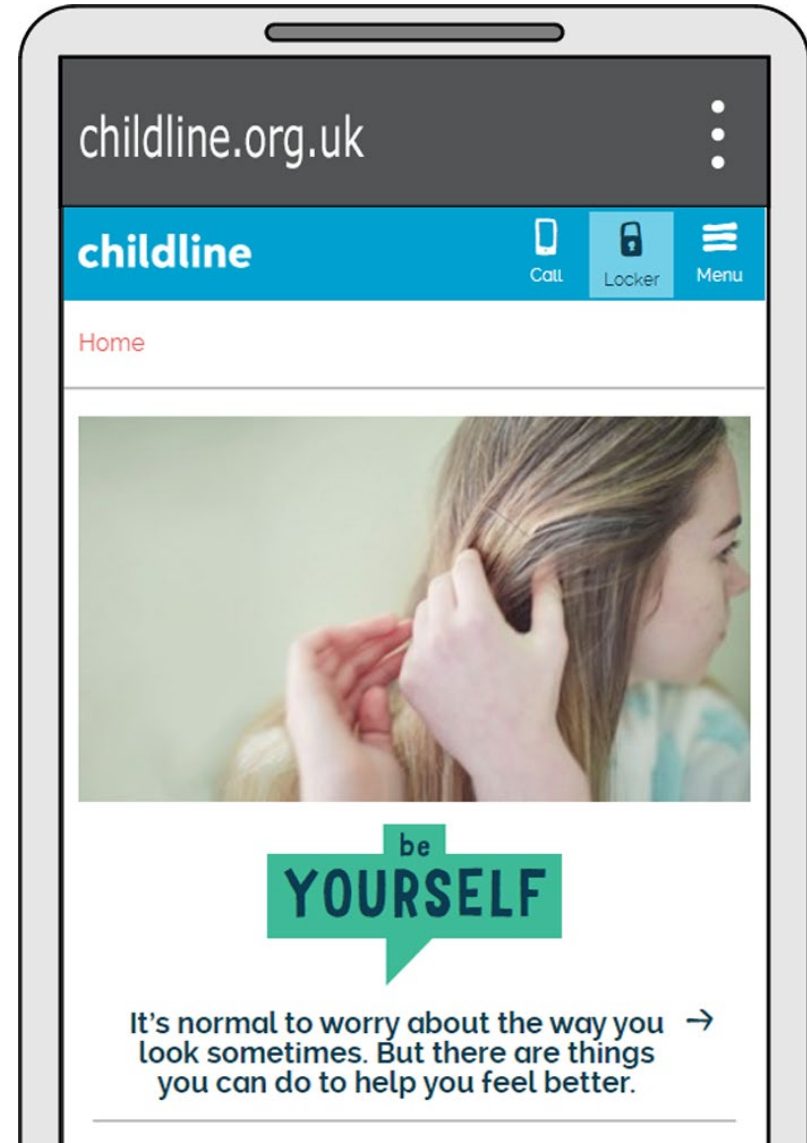


childline.org.uk



0800 1111

Childline is a free 24/7 service for children and young people.



Extension activity

Think about the information you have learnt in this lesson about moving to secondary school. Now create a quiz for others in your class to complete.

You can use the examples below to help you.

How can someone find out which subjects they'll learn about in secondary school?

a) Talk to their friends

b) Check the school's website

c) Go to the local library to look for information

Does everyone have to wear the school uniform?

a) Only on some days

b) It's important to follow the schools uniform rules and wear what is listed

c) Most of it, but young people can wear any trainers they want to

Questions?