

SHOW RACISM THE RED CARD

Supported by

Sainsbury's

Crumpled Paper

Introduction for pupils

Have a think.....

Next >|

Introduction for pupils: Sometimes we say things to people without even thinking, but these things can be hurtful. Sometimes we are on the other end of this and have things said to us that can hurt our feelings and stay with us for a long time. In this activity we will think about the lasting impact of hurtful words and actions and think about how we can take steps to change this.

Crumpled Paper

Have a think.....

Next >|

Can you make a list of some of the bad names you may have been called?

Try and make a list of the emotions that best describe how they felt at the time of the name calling.

When you are finished writing, screw up the paper into a ball and place in front of you.

Crumpled Paper

Smoothe out....

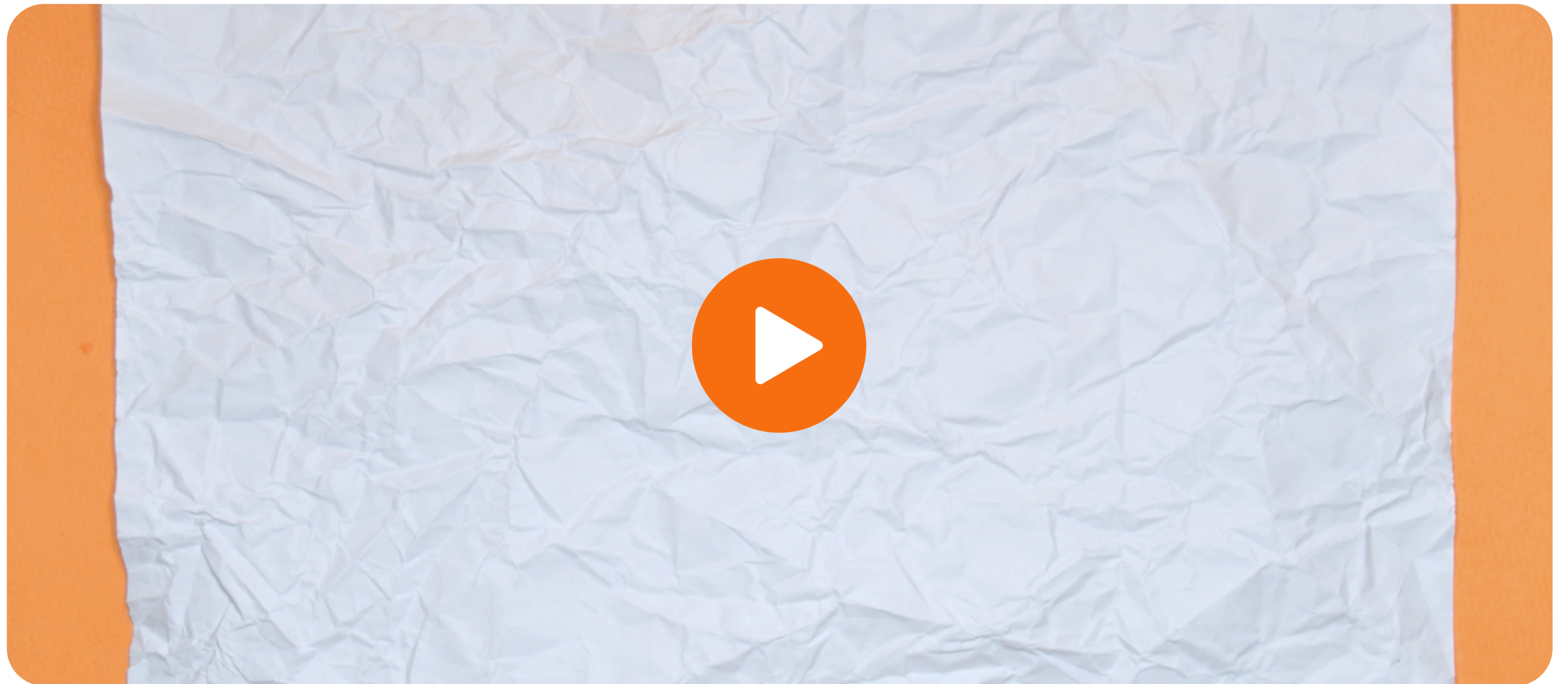
Next >|

Try and unscrew your paper ball and smooth out the creases as much as you can.

Crumpled Paper

Smoothe out....

Next >



Crumpled Paper

Who thinks this is true?

Next >

***'sticks and stones may break my bones,
but names will never hurt me'***

Crumpled Paper

Who thinks this is true?

Next >

Racism can take many different forms and we can all be hurt physically and emotionally.

If we call someone a name today it may still be affecting that person in years to come. So it is essential that we treat people the way they would like to be treated.