

OBJECTIVE

To recognise small acts of kindness we can do every day.

RESOURCES NEEDED

Kindness Every Day PowerPoint.

Pictures of Kindness resource printed out (the pictures are also on the PowerPoint so you can look at them together on the white board if you are unable to print them out.

Kindness in School activity sheets - one per child.

Camera.

STARTER

Pictures of Kindness

- Explain that you are going to look at some pictures of children showing kindness. Display slide 3 on the whiteboard showing a picture from the **Pictures of Kindness resource**. Ask the children to tell you what they can see and discuss the picture together. Prompt questions might include: *What do you think is happening in this picture? Who is showing kindness? Who are they helping? What might the people in the picture be saying? Who are the people in the picture – are they related, are they friends? What might have happened before the photo was taken? What might happen next?*

- Now, put the children in pairs and give each pair one of the pictures from the **Pictures of Kindness resource** to look at. (Alternatively, you could stick the pictures up around the classroom and ask each pair to go to and stand by one of the pictures.) Ask the children to discuss their picture with their partner. What can they see?

- When the children have had time to discuss their photo, rotate them around so that they are looking at another photo and repeat.

- You could finish by asking the children if any of the pictures remind them of a time they have been kind or someone has been kind to them. Can they share with their partner or with the class?

INTRODUCTION

Discuss kindness in school

Discuss how the pictures you've just looked at showed children being kind out of school with their families or friends. What does kindness *in* school look like? How do we show kindness in our classroom and in our school? Elicit answers from the children and write ideas on the board.

Examples might include:

Asking people to play

Helping if someone is hurt

Encouraging others

Sitting next to somebody who is on their own

Saying thank you (to children or grown-ups who help you)

Helping to tidy up the classroom

Picking up coats that have fallen off their pegs
Holding the door open for someone
Smiling at others
Offering to help
Saying good morning/hello/smiling when see people
Sharing toys or equipment
Celebrating each other's successes
Having fun together
Listening to others when they are speaking

ACTIVITY IDEAS

Draw kindness in school

Using the [Kindness in School activity sheet](#), children draw pictures of people showing kindness in school. Some children might like to write a few words or sentences to describe what is happening or include speech bubbles in their pictures.

Create freeze frames

Children work in groups to create a freeze frame showing somebody being kind in school. You could take a photograph of the freeze frames to display on the wall.

PLENARY

Ask the children how they feel when they do something kind? Can the children show how they feel using their face and body? Can they describe or name the feeling?

How does it feel to be in a kind classroom? Discuss how everybody can do little things every day to help create a kind classroom where everybody feels safe and comfortable.